

Biography of Dr. Mark Pitstick

Mark Pitstick, MA, DC, has over forty years' experience and training in hospitals, pastoral counseling settings, mental health centers and private practice. His training includes a premedical degree, graduate theology/pastoral counseling studies, masters in clinical psychology, and doctorate in chiropractic health care. He also provided suicide prevention counseling and education to many people.

After working in hospitals with many suffering and dying adults and children, Mark was motivated to find *sensible, evidence-based answers* to the questions that many people ask: "Who am I? Why am I here? What happens after I die? Will I see my departed loved ones again? Is there a God? Why is there so much suffering?"

His books, documentary film, CDs and experiential workshops address all of these questions and help you *survive and even thrive* through life's biggest changes and challenges. Further, his work helps you discover how to enjoy the greatest life you have envisioned—no matter what your current circumstances.

Dr. Pitstick wrote *Soul Proof: Compelling Evidence That No One Really Dies* and *Radiant Wellness: A Holistic Guide for Optimal Body, Mind & Spirit*. Drs. Wayne Dyer, Elisabeth Kubler-Ross, Deepak Chopra, Bernie Siegel and others endorsed them. His latest book, *The Eleven Questions*, shares his and eleven experts' answers to the most commonly asked questions about life, death and afterlife. Guests include Anita Moorjani, Caroline Myss, Gary Schwartz, Stan Grof, Bill Guggenheim, and others.

Mark was the executive producer for the *Soul Proof* documentary film, a 93-minute movie featuring interviews with people who had near-death experiences, after-death contacts, miracles, paranormal encounters, and other evidentiary experiences. He also created three transformational CDs that assist spiritual awareness and optimal wellness via hypnosis/deep relaxation: *Ask Your Soul, Healing Your Past, and Your Life Review*. Mark also leads group *Transformational Breathwork* sessions.

A frequent radio guest, Pitstick hosted *Soul-utions*, a nationally syndicated radio show about soul issues and practical spirituality. He also hosted the *Ask the Soul Doctors* radio show and interviewed top consciousness experts. Mark is a board member for a bereaved parents group, *Helping Parents Heal*, writes a Q & A for their newsletters, and started two groups. (www.helpingparentsheal.info)

He was certified in *Past Life Regression* therapy by Brian Weiss, M.D., and the *After-Death Contact* technique by Raymond Moody, M.D. Mark currently conducts nationwide workshops on spiritual awareness and optimal wellness. He has contributed to many magazines and currently writes for his newsletter, *Transformation Magazine*, and is currently serving as Director of Education of [Eternea](http://Eternea.com).