

MARIO BEAUREGARD

BIOGRAPHY



Mario Beauregard, PhD., is a neuroscientist currently affiliated with the Department of Psychology, University of Arizona. He received his bachelor degree in psychology and his doctorate degree in neuroscience from the University of Montreal. He also underwent postdoctoral fellowships at the University of Texas Medical School (Houston) and the Montreal Neurological Institute (MNI), McGill University.

Dr. Beauregard is the author of two books: *The Spiritual Brain* (Harper Collins, 2007) and *Brain Wars* (Harper Collins, 2012). In his books, he demonstrates that mind and consciousness are much more than the activity of nerve cells in our brains. He has also published more than 100 articles, essays and book chapters in neuroscience, psychology, and psychiatry.

Dr. Beauregard was the first neuroscientist to use neuroimaging to investigate the neural underpinnings of voluntary control in relation to emotion. Because of his research into the neuroscience of consciousness, he was selected by the World Media Net in 2000 as one of the *One Hundred Pioneers of the 21st Century*.

In addition, his groundbreaking research on the neurobiology of spiritual experiences has received international media coverage, and a documentary film has been produced about his work (*The Mystical Brain*, 2007). He has received a number of other distinctions, including the *Joel F. Lubar Award* (International Society for Neuronal Regulation, USA) and the *Spectrum Award* (The Institutes for the Achievement of Human Potential, USA).

Dr. Beauregard has appeared on many radio programs in the USA, Canada, Europe, Asia, and Australia. His research has also been featured on the Discovery Channel and in many newspapers and magazines, including *Nature*, *Science*, *The New Scientist*, *Scientific American Mind*, and *The Economist*. He recently participated in the new film *What the BLEEP: Now What!?*, a sequel to the popular film *What the BLEEP Do We Know!?*

A distinguished authority in the field, Dr. Beauregard actively contributes to the articulation of the new post-materialist scientific paradigm. In 2013, he participated in a dialogue with the Dalai Lama in regard to the science of mind (Melbourne, Australia). And, as one of the founders of the Campaign for Open Science, he co-authored the *Manifesto for a Post-Materialist Science*, published in *EXPLORE: The Journal of Science & Healing*, and the *Theory of Psychelementarity*, published in the *Journal of Consciousness Studies*.